



Town of Hempstead
Bellmore
Senior Center

2000 Bellmore Avenue
Bellmore, NY 11710
(516) 221-9696
Donna Abriola, Director

January 2017

Activities Resume January 9th

Activity Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
Food Shopping at King Kullen 10 am – 11 am Showtime Practice 10 am – 12 pm Tai Chi 12:30 pm – 1:30 pm Painting 12:30 pm – 2:30 pm	Arts & Crafts 10 am – 12 pm Lunch 12 pm Bingo 1 pm – 3 pm Line Dancing 1 pm – 3 pm	PROGRAM DAY	Bowling 9 am – 12 pm Yoga 10 am – 11 am Lunch 12 pm Exercise 12:30 pm – 1:30 pm Mahjong 1 pm – 3 pm	Food Shopping at Stop & Shop 10 am – 11 am Zumba 10 am – 11 am Swimming 10:30 am – 1 pm Strength Training 12:30 pm – 1:30 pm

Special Events

- Monday, Jan. 2nd** New Year's Day Observed - **CENTER CLOSED**
- Wednesday, Jan. 4th** 11 am, Executive Board Meeting
1 pm, General Membership Meeting
1 pm – 3 pm, Blood Pressure Screening
- Friday, Jan. 6th** 11 am – 1 pm, Bus Trip to Dollar Tree
- Wednesday, Jan. 11th** 12:30 pm – 2:30 pm, Big Bingo
- Monday, Jan. 16th** Martin Luther King, Jr. Day - **CENTER CLOSED**
- Wednesday, Jan. 18th** 12:30 pm – 2:30 pm, Horse Racing
- Monday, Jan. 23rd** 11 am – 1 pm, Bus Trip to Walmart
- Wednesday, Jan. 25th** 12:30 pm – 2:30 pm, Birthday/Anniversary Party

Housing Recertification will take place on January 5th, 6th, 9th, 10th, 12th, & 13th.

Lunch Menu

Subject to Change

Please sign up one week in advance

To cancel, call (516) 221-9696

Tuesday

Thursday

3 BLT	5 Meatloaf
10 Broccoli Quiche	12 Hot Dogs & Beans
17 Grilled Cheese & Soup	19 Pasta with Meat Sauce
24 Chicken Patty Platter	26 Hamburgers & Tater Tots
31 Tuna Fish Sandwich & Salad	

Bus Transportation is available to the Center

Sign-up in advance is required

To cancel a bus reservation, call (516) 565-0863

For Information and Referral

Call NY Connects at (516) 227-8900

Contact the Town of Hempstead

Department of Senior Enrichment at (516) 485-8100

Town of Hempstead

Anthony J. Santino

Supervisor

Council Members

DOROTHY L. GOOSBY
EDWARD A. AMBROSINO
ERIN KING SWEENEY

GARY HUDES
BRUCE A. BLAKEMAN
ANTHONY D'ESPOSITO

Town Clerk

NASRIN G. AHMAD

Receiver of Taxes

DONALD X. CLAVIN, JR.