



Town of Hempstead

Green Acres Senior Center

400 Flower Road
Valley Stream, NY 11581

(516) 872-8810

Joan Tudda, Director

January 2017

Activities Resume January 9th

Activity Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
Pizza Luncheon 12 pm Strength Training 1 pm – 2 pm	Senior Care 10 am – 2 pm Lunch 12 pm Food Shopping at King Kullen 1 pm – 2 pm	Arts & Crafts 10 am – 12 pm Lunch 12 pm Food Shopping at Foodtown 1 pm – 2 pm Line Dancing 1 pm – 3 pm	Showtime Practice 10 am – 12 pm Lunch 12 pm Bingo 1 pm – 2:30 pm	Exercise 10:30 am – 12 pm Homemade Pasta or Soup 12 pm Current Events 1 pm – 2 pm

Special Events

Monday, Jan. 2 nd	New Year's Day Observed - CENTER CLOSED
Tuesday, Jan. 3 rd	11 am, Executive Board Meeting 1 pm, General Membership Meeting
Monday, Jan. 9 th	11:30 pm – 2 pm, Lunch Outing to Outback Steakhouse
Tuesday, Jan. 10 th	12:30 pm – 2:30 pm, Birthday/Anniversary Party
Wednesday, Jan. 11 th	1 pm – 3 pm, Blood Pressure Screening
Monday, Jan. 16 th	Martin Luther King, Jr. Day - CENTER CLOSED
Monday, Jan. 23 rd	11:30 am – 2:30, Bus Trip to Elmont Senior Center for Lunch & Bingo
Wednesday, Jan. 25 th	12 pm, Bus Pick-up for GLO Program at Levittown Senior Center

Lunch Menu

Subject to Change

Please sign up one week in advance

To cancel, call (516) 872-8810

Tuesday

Wednesday

Thursday

3 Shepherd's Pie & Salad	4 Tuna Fish Platter	5 Fish & Chips Sandwich
10 Rice Ball & Salad	11 Stuffed Shells & Salad	12 Linguini with Red Clam Sauce
17 Chili Sauce over Rice with Corn Bread	18 Meatball Hero & Salad	19 Pepper & Egg Hero
24 Roasted Chicken with BBQ Sauce & Vegetables	25 Penne a la Vodka & Salad	26 Rotini with Bolognese Sauce & Caesar Salad
31 Hot Dogs with Beans & Sauerkraut		

Bus Transportation is available to the Center

Sign-up in advance is required

To cancel a bus reservation, call (516) 565-0863

For Information and Referral

Call NY Connects at (516) 227-8900

Contact the Town of Hempstead

Department of Senior Enrichment at (516) 485-8100

Town of Hempstead

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Supervisor

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